

FOR IMMEDIATE RELEASE

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## 2007 STEP ONE CHALLENGE WINNERS NAMED

The 2007 winners of the county-wide Step One Challenge walking contest were honored at an awards ceremony held at the Cleveland County Health Department on Thursday, October 18, 2007.

First place team was Frank N Stein composed of Susan Jones as captain, Larry Jones, Frank Cloyd and Linda Ferguson. This team walked a total of 4,973,139 steps over the six-week long contest, an average of 1,243,285 steps per person. For their efforts, the team was awarded a meal at Five East, t-shirts, water bottles, individual trophies and top of the line pedometers.

Second place went to HodgesFite2B Sain composed of Karen Sain as captain, Stephen Sain, JoAnn Fite, Steve Fite and Steve Hodges. This team walked a total of 6,055,235 steps averaging 1,211,047 steps per person. The second place team also won individual trophies, T-shirts, water bottles and pedometers.

Jesus is Love was the third place team winner. This team, composed of Doris Hector, John Ruff and Joyce Ruff, walked a total of 3,198,133 steps, averaging 1,066,044 steps per person. They also received individual trophies, T-shirts, water bottles and pedometers.

Two "Super Stepper" awards were given to recognize individuals who went above and beyond to recruit individuals and teams for participation in this year's event. Patti Alexander of Shelby Middle School recruited 55 individuals for ten teams and Ray Wilson of the City of Kings Mountain recruited 93 individuals for sixteen teams. These two individuals received big red shoes as trophies, water bottles and pedometers for their efforts.

This year a total of 380 teams walked 420,241,351 steps over the six week contest. **Please see the attached FUN FACTS sheet.**

Sponsors of the Step One Challenge include the Fit Together Initiative of the Cleveland County Health Department, the Cleveland County HealthCare System, the Alliance for Health in Cleveland County, Inc. and Image Design Group. For information about the Step One Challenge, contact Karma Edwards at the Cleveland County Health Department.

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