

Take The Step One Challenge 2008

Total steps taken: 420,241,351
Equivalent: approximately 210,121 miles

Fun facts:

Compare the distance walked by the Step One participants to the following facts:

The Nile River is 4,160 miles long.

The world's longest designated walking trail is the Pacific Crest Trail, which runs along the West Coast between the Canadian border and the Mexican border. 2,650 miles long.

The distance around the equator is 24,900 miles.

The distance from the East Coast to the West Coast of the United States, at its widest point is approximately 3,400 miles.

Therefore, our participants could walk the length of the Nile River 50 times.

They could walk the Pacific Crest Trail 79 times.

They could walk the circumference of the Earth at the equator 8 times.

They could walk across America at its widest point 62 times.

2007 Step One Challenge teams walked a total of 62,445,230 steps or 31,223 miles.